**Peach Sauce**
- Canned peaches
- Cinnamon

Find these peach recipes here: https://choosemyplate.gov/5-ways-series

**Peach Cooler**
- Canned peaches
- Milk (low-fat)
- Lemon juice
- Nutmeg

**Rise & Shine Cobbler**
- Canned peaches
- Canned pears
- Prunes
- Vanilla extract
- Orange
- Granola

**Chicken Salad & Peach Sandwich**
- Canned peaches
- Whole grain bread
- Cooked chicken
- Celery stalk
- Apples
- Mayo (nonfat)
- Walnuts

**Grilled Cheese with Peaches**
- Canned peaches
- Whole grain bread
- Cheddar cheese (low-fat)
- Spinach

**Peaches 5 ways**
- Apples
- Mayo (nonfat)
- Walnuts